

Neal Yard Remedies Healing Foods

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Neal Yard Remedies Healing Foods

Healing-Scents Mouthwash, and Neal's Yard Remedies Lavender and Myrrh Mouthwash as least harmful to people and the environment. You can also make your own all-natural mouthwash at home.

Healthy, Green-Friendly Mouthwashes

Creams with lavender in include the wonderful Living Nature Lavender Massage Balm. Lavender is also at the centre of the Neal's Yard Remedies baby range of balms, bath wash, powders and more. Baby ...

Lavender – before, during and after birth

They're the first-aid staples we turn to for minor cuts and burns. But antiseptic and wound-healing creams now contain a wide array of ingredients, from medical agents to natural bug-fighters.

Which graze cream really does cut it? From manuka honey to lanolin and tea tree, we review remedies for minor wounds

Skin-healing oat is combined with softening sweet almond, jojoba and sunflower seed oils in this ultra-gentle bath oil. Natural chamomile contributes a calming scent, and the packaging is entirely ...

The most luxurious bath products for a soothing soak

As few as 50 pollen grains per cubic yard of air is classified as a 'high ... where every kitchen surface is sterile and our food is vacuum-packed and cleansed of all germs, our immune systems ...

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Why are we all getting hay fever?

The 29-year-old model – daughter of iconic supermodel Jerry Hall and Mick Jagger – knows her way around the world of beauty. Here, she shares her favourite products: My go-to day look is to ...

Georgia May Jagger: 'I always watched my mum doing red lipstick growing up'

In the 2019 report, Army officials prescribed a series of remedies ranging from blackout curtains in barracks to ensure better sleep, enhanced food service and bolstering the staff of mental ...

'Heart-wrenching problem' for Army in Alaska: 2 bases. 5 months. 6 suicides.

Incense burned gently in the corner of a sunlit room as South African traditional healer Makhosi Malatji fixed her smartphone into a tripod and reached for a small bag of divination bones. A young ...

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