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small collection of everything that is right in the world. Hygge is a term that doesn't have a literal translation in many languages, but it is a concept that everyone is familiar with: that sense of warmth, comfort, cosiness, belonging, safety.

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~~The Little Book of Hygge Quotes
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"In other words, what freedom is to Americans... hygge is to Danes," Wiking says in his book The Little Book Of Hygge. This

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national obsession with all things cozy is credited as one of the reasons why Denmark is always at the top of the list of the world's happiest countries, despite their infamously miserable winters.

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Loosely translated, Hygge—pronounced Hoo-ga—is a sense of comfort, togetherness, and well-being. "Hygge is about an atmosphere and an experience," Wiking explains. "It is about being with the people we

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